



Wing Nut News

GOLD COAST WINGS
CHAPTER FL2-A
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First in Florida
Gold Coast Wings
GWRRR FL2-A
West Palm Beach

Volume 43, Issue 08

GOLD WING ROAD RIDERS ASSOCIATION
Friends for Fun Safety & Knowledge

August 2021

Hi Everyone, What have you been doing in July?

Well, as you know we went to Wing Ding in Springfield Missouri. It was a great ride up and back. Boy, Bill Smith sure knows how to find those "Back Roads"!

We flew our granddaughter Jacey down from Texas and spent a wonderful two weeks with her. We took her to Disney and wore her out! Many of you were able to meet her at the dinner at Lucille's BBQ. She was able to ride on the back of Grandpa's Wing for the first time and enjoyed it immensely! She was glad to get back to her friends in Texas.

Thank you to all who attended Tim Moriarty's Memorial Service, we had a great showing. Members from FL2-L Lakeland, FL2-R Ft Lauderdale came and also FL2-G Ft Meyers. Tim was loved by all who met him. We heard some great stories about Tim. We found out that he ALWAYS told stories and gave people nicknames. He is missed. Nancy appreciates the GWRRR Family that is helping her get through this loss.

The year is flying by, August already and boy is it HOT! We do try to do early morning rides and evening rides. Join us even if it is in 4 wheels.

Check the calendar for upcoming rides and stay cool!

See you soon!

Stay Safe,
Cheryl Smith
Sr Chapter Director



**August 2nd 2021 Gathering is being held 6pm to eat 7pm to meet at
Haos Noodles 2677 Forest Hill Blvd. West Palm Beach, FL 33406
Join Us!**


Do you know someone who would like to join? Give them your membership number for a referral. Anyone can join and be a part of the Family, FUN & Benefits too!

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Don Hotchkiss & Elaine Flores

Individual of the Year
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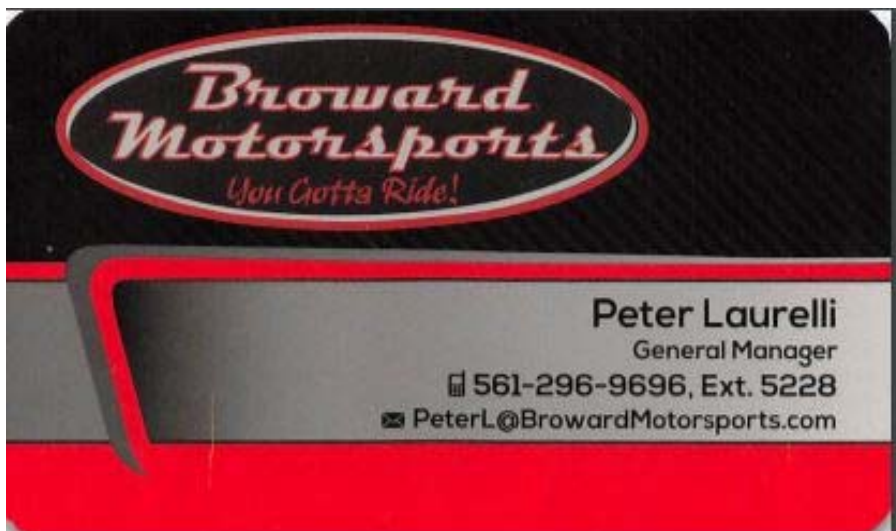
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Bill & Cheryl Smith Florida District Directors



When you're HOT you're HOT, when you're NOT you're in the A/C! I think we can all agree that no matter where you are in Florida or around the country – it's HOT! We have adjusted our riding to the early mornings and late afternoons to try to avoid the heat of the day. We all need to stay hydrated no matter when we ride! Cheryl and I have just returned from a week at Disney with our 14 year old granddaughter. The "feel like" temperatures were always over 100 degrees! The wait times for rides, due to no Fast Passes, averaged 60 minutes in line, in the sun. Water and sunscreen were the orders of the day. The same applies to riding! Don't forget to keep an eye on the rain and thunder storms common for this time of the year. Remember – it's ok to join the ride in a 4 wheeler if you are uncomfortable taking your motorcycle!

At the end of August, around the 30th, Cheryl and I will be taking our new motor home and the motorcycle to several Rallies! We will start with Wings Over the Smokies on September 2-4 in Waynesville NC. Hope to see you there!

Please remember to bring and sell the Florida Rider Education Raffle Tickets with you wherever you go! It's easy to sell tickets for \$1.00 to WIN \$10,000.00 and support FREE Rider Education in Florida! All you have to do is ASK! In order for you to continue to receive that FREE Rider Education we need to sell a lot of tickets! So let's get out there and get-r-done!

We were just notified that Former Assistant District Director and District Motorist Awareness Coordinator Nate Kinion's Celebration of Life is being held on Saturday August 14th at 2:00PM at American Legion Post 392, 535 Oak Avenue in downtown Panama City. Cheryl and I will be attending.

We thank all of our volunteer leaders for keeping Florida the best District in GWRRA but they can always use more help. Many helpers make any job easier. It is important to step in – step up and help with Your Chapter. It is hard for one or two to do it all. Busy people are good people to get involved. We need you!



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Val Williams on the loss of her brother



AUGUST

Ty Taylor	08/08
Loarene Pettway	08/21
Ray Lajoie	08/23
Cheryl Smith	08/29
Courtney Williams	08/31

AUGUST

Tony & Edna Matos	08/13
Tommy & Cheryl Pettway	08/21

If I have missed someone, please do let me know!



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Dominick & Diane DeSiato District Ride Educators



Hello to all!

Florida District Riding and MFA Classes are in full operation and available upon your request. For ARC and TRC Classes contact Dominick at Dominickfide@gmail.com or Ph: (813) 927-0120, (Leave a message and I will call you back).

For MFA (Medic First Aid) Classes contact Claudia Vega at rvega19854@gmail.com.

It's that time of year again. Afternoon showers are here. Be prepared! Make sure you pack a rain suit in your bike or bikes if you have more than one. It is easier to put a rain suit in each bike rather than transferring your rain suit around each time you change bikes. There is too much of a chance that you might forget to do so. Alter your riding habits when it is raining. Slow down! Visibility is limited when the rain is hitting you in the face. The water staying on your windshield, face shield and/or glasses is limiting your ability to see as far as needed to avoid obstacles. Increase your following distance. You don't want to have to stop in a hurry and risk sliding on the wet roadway. Remember when you do stop or slow around intersections there is a buildup of oil in the center of the lane that floats to the surface when it rains. This area is extremely slippery especially at the beginning of the rain. If you have to ride on the interstate use the right lane so the high-speed idiots (cars, trucks or motorcycles) can go flying by you. Expect to get splashed as they pass so you are not caught off guard. Ride in the center of the right lane. Thanks to the heavy trucks, the center of the right lane is the highest point with no or less water so that is where you need to be. A two-wheel motorcycle or Trike can hydroplane. Don't let this freak you out if it happens. If it does happen don't go for the brakes. Just roll off the throttle and let your machine settle itself down and regain traction. Remember most Florida rains have a short part of a heavy downpour. It is best to pull into some shelter and wait out the heavy stuff. Your cell phone is a good source to look at the weather Doppler and plan your route accordingly. Sometimes you can go a few miles out of your way and avoid the rain altogether.

Expect to get caught in afternoon rains this time of the year and plan and ride accordingly.

We are here to assist you with your training needs.

Ride Safe!!

Dominick & Diane





Dinner At Lucille's



Claudia receiving Ray's Educator of Year



FL2-A Gathering FUN!





Don & Elaine's New Bike



Jacey's Ride with Grandpa



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CHAPTER RIDE COORDINATOR and EDUCATOR CORNER

by Claudia Vega

IS IT HOT ENOUGH FOR YOU YET?

As we enter into the month of August all I can think about is the start of school. The kids go back to school here in Palm Beach County on August 10th. With students returning to actual school classrooms, the increase in traffic will begin. Especially with those big yellow buses on the road again. It is very easy NOT to be seen if you are anywhere near one of those buses. Also, parents are rushing to take their child to school will NOT be looking for you. We need to remember to be very careful riding near and in school zones in the morning and afternoons.

This month I am taking some information again from "MCN Street Strategies – A Survival Guide for Motorcyclists" by David L. Hough. This month we are discussing blowouts.

HOT CORDS

Last Month's Low Tire Pressure Can Turn into Today's Blowout

You and your riding companion are three days into a trip and almost a thousand miles from home now. Your touring machine is loaded to the limits with clothing and camping gear plus some tools and spares. You're amazed at how well the loaded bike handles at speed, now that you've gotten used to the extra weight, and you're very please that the bike seldom needs any maintenance.

But over the past couple of days you've noticed a wiggly feel from the rear tire, and you finally decide to pull off at the next rest area to check it. Even though the tire looks a little soft, you don't see any holes or nails. The tread blocks have some strange worn edges, but there's still plenty of rubber and no exposed cords. You suspect the strange feel is just from the extra load, yet decide to have the tire checked anyway if you happen to find a dealer along the way.

Five minutes after leaving the rest area, there's a sickening *bang!* and the rear end starts to wiggle from side to side. Your rear tire has blown, so you ease off the gas, and head for the shoulder. But as your speed drops below 40 mph, the rear end starts to jerk more violently, and you're barely able to bring everything to a stop without dropping the machine. Now you're miles from the rest area where you could've called for help,

When you first notice a wiggling sensation in a tire, pull off the road and try to diagnose a problem. But the damage could have started months before if you allowed your tires to lose air pressure yet continued to ride on them. Underinflated tires can flex enough to heat the cords to destructive temperatures. With an extra load at freeway speeds, it is only a matter of time before a damaged tire comes apart. It's essential to check your tire's pressure with an accurate gauge before each day's ride, especially on long trips. Remember that increased loads require slightly higher tire pressure.

Let's discuss this at the next Chapter gathering – bring me your questions and stories when you were in this situation. In the mean time let's ride and have some FUN!

Claudia Vega

Medic First Aid sent me this blog as I am an instructor. I thought it was something good to share with all of you.

Think how this advice can be applied to you when you are riding your motorcycle in the heat.

WHO IS MOST SUSCEPTIBLE TO HEAT – RELATED ILLNESS?

As we move into some of the warmest months of the year, heat-related illness should be on everyone's radar.

Heat-related illness occurs when a person's body isn't able to cool itself through sweating and heat loss into the air. Most commonly, a person becomes dehydrated in environments where there's a high temperature with high humidity and no breeze.

There are three types of heat-related emergencies:

Heat Cramps – signs include heavy sweating and painful muscle cramps in the abdomen, arms and legs

Heat Exhaustion – signs of heat cramps plus intense thirst, weakness, faintness, headache, dizziness, nausea, vomiting and pale, cool skin.

Heat Stroke – signs of heat exhaustion plus a high body temperature, confusion, slurred speech, seizures, fast breathing and pulse, severe headache or unresponsiveness.

Each of these heat-related emergencies is progressive, meaning symptoms will continue to get worse without intervention.

So, it's important to recognize signs of heat-related illness and treat it early before it becomes life-threatening.

The people most at risk for heat-related illness are those who work or exercise outdoors in the heat (this includes motorcycle riding).

Vulnerable groups that have poor heat tolerance include older adults aged 65 and over, young children and anyone with existing medical conditions (sound like anyone you know?)

Additionally, a person with heat exhaustion is more susceptible to severe heat illness. So, they shouldn't return to physical activity the same day as symptoms can return and escalate to a life threatening emergency.

PREVENTING HEAT-RELATED EMERGENCIES

Prevention is the key when you are in the heat. Plan ahead for hot and humid conditions by taking the following precautions:

- Take time to acclimate to the heat by gradually increasing workloads and taking frequent breaks.
- Drink fluids before, during and after physical activity.
- Perform the heaviest work during the coolest part of the day.
- Dress appropriately and protect yourself from the sun.
- Move to a cool area and give first aid to anyone who is developing signs of heat-related illness

Claudia Vega
561-722-0632
Rvega19854gmail.com

MOTORIST AWARENESS IS EVERY WHERE by Claudia Vega

Is this going to be the next thing we are going to have to worry about and watch out for while riding our motorcycles on the road?

Driven to Distraction: (a AAA Living article)

Could some vehicles technology features be both lifesaving and potentially hazardous? *Apparently so.*

Researchers at the AAA Foundation for Traffic Safety working with the Virginia Tech Transportation Institute have discovered that long term use of assistive technology can encourage overreliance by drivers. On the other hand, those who are new to such systems are less likely to be disengaged and distracted.

High-tech systems like adaptive (or “radar”) cruise control and lane – keeping assist have a lot to offer. “But they should never replace an attentive and engaged driver”, says Matt Nasworthy, public affairs director, AAA – The Auto Club Group. “Being focused on the road can save your life”

So take advantage of the assistive driving features, but never forget that you’re still in charge of the vehicle.

Could assistive driving technology be a threat to us on a motorcycle? Could this be the new thing that distracts drivers just like cell phones? What do you think?

Prevention is the key when you are in the heat. Plan ahead for hot and humid conditions by taking the following precautions:

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Blue Heron WaWa (East of I-95) - 7289 Garden Road Riviera Beach

Mobil Station (I-95 & Congress Avenue Exit) – 8081 Congress Avenue Boca Raton

7-11 Station (NW Corner Southern Blvd & Binks Forest Drive) - 15589 Southern Blvd. Loxahatchee FL 33470

Chevron Station (Atlantic Ave & Hagen Ranch Rd) - 7533 W Atlantic Avenue Delray Beach, FL 334466



**Rides Subject to Change
watch for Calendar Updates online
www.goldwingfl2-a.com and Groupworks!**

08/01/2021 - Meet at 7pm Lily's Handmade Ice Cream 4900 Linton Blvd. Delray Beach
www.lilyshandmadeicecream.com

08/02/2021 - FL2-A Monthly Gathering Meet at the Haos Noodles at 6 PM to eat (or to order from the Red Parrot) and the Gathering starts at 7 PM. It is located in the Lakeshore Plaza between Congress Ave and Florida Mango Rd on the north side of Forest Hill Blvd with plenty of parking!

08/04/2021 - FL2-R Ft Lauderdale Zoom Gathering: 06:30 PM Eastern Time (US and Canada) <https://us02web.zoom.us/j/85606014113> Meeting ID: 856 0601 4113

08/07/2021 - Breakfast at Old Dixie Café North - Leaving at 8:30am Wawa 7289 Gardens Road Riviera Beach and riding to Hobe Sound for a delicious breakfast

08/11/2021 - FL2-O Stuart Gathering Leaving 5pm Wawa 7289 Gardens Road Riviera Beach and riding to Stuart for dinner at Southern Pig & Cattle and FL2-O Gathering

08/15/2021 - Meet at 7pm Kobosko Creamery 9108 Forest Hill Blvd. Wellington for some ice cream

08/17/2021 - Meet at Catfish Dewey's at 6:15 for 6:30 seating 4003 N Andrews Avenue Ft Lauderdale. RSVP please either GroupWorks or call 561-445-4270

Do you have a place you want to go? A ride you may like to take? Don't keep it a secret! Please let us know because we want to go too! You can email wcsmith161@gmail.com or call 561-445-4270

Thanks!
Bill Smith

WANTED



August 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Ice Cream SUNDAY	2 FL2-A Gathering	3	4 FL2-R Zoom Gathering	5	6	7 Breakfast to Old Dixie Cafe
8	9	10	11 FL2-0 Stuart Gathering	12	13	14
15 Ice Cream SUNDAY	16	17 Catfish Dewey's	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

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